

POSITIVE THOUGHTS ON THE CIRCLE OF LIFE

The Circle of Life,
From conception to birth
And from birth until death.
From the opening of our eyes
To their final closing.

We cannot choose our colour,
Creed or gender.
We need love and understanding,
In order to love and understand others.

Life is often a lottery.
We can improve our chances of winning,
By making friends and by our own
Unselfish Behaviour,
Being there for others in times of need,
Showing compassion rather than greed.

We can help ourselves and,
Set a good example to others,
Through responsible living,
Facing up to the challenges of life.

During times of stress,
Disruption and uncertainty,
Be strong, get strength through
Your friends and your loved ones.

Try to keep healthy through clean living
In body, mind and spirit.
Remember that bad habits
Can cost lives.

Smoking, Drug addiction and Alcohol
All take their toll.
Be strong - resist peer pressure.
Never be afraid to ask for help.
Remember that a problem shared
Is often a problem halved.

From start to finish,
Life is a learning process.
Be warned that no books or
Computers can fully replace
The actual, experience of life.

They are merely tools that,
If used in the right way,
Can help us to gain a better understanding
And a broader outlook.

Go forward - Through life,
Wasting not a moment.
Use your time attempting to achieve your
Goals and fulfil your ambitions.
Allocate time to give something back,
Through helping others less fortunate than
Yourself.

In your twilight years,
Try to be strong, reflect upon your life:
The joy that you have brought to others,
The positive things that you have done.
Take comfort in your thoughts of the good
Times,
Try not to dwell on the memories of bad
Times.

Go forward - To the end of life=s path,
With faith in yourself and others.
When dealt a blow, through illness,
Tragedy or loss,
Remember to reach for a helping hand
That can comfort and understand.

As you drift through different pastures,
On your way to peaceful bliss.
Don=t forget your friends and family -
For you=re the one they will surely miss.

You will have completed your allotted Cycle,
Through the jungle of life on earth.
Going around and around in circles,
Playing your part - since birth.

REMEMBER:-
Life is for living - Health permitting.
Live your life to the full,
Making your contribution,
Until you get - The final call call.

Your life will be the legacy,
That you can leave behind.
Your very own 'circle of life,'
For the benefit - Of mankind.

APositive Thoughts on the Circle of Life@
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Background Music: Pan Pipes version of >Circle of Life.=
8 Colin I. Freeman 1999

